

Voice Newspaper

Medical Case Management/Physical Rehabilitation

November 2005

Provider Profile

Interdisciplinary Pain Management Program Coordinates Patient Care

Doctors, psychologist, therapists coordinate treatment of injured

TAMARAC — **Anesthesia Pain Care Consultants** is pleased to announce its **Interdisciplinary Pain Management program** for work injured and automobile accident victims experiencing chronic pain.

Under the progressive program recently initiated at APCC, a medical doctor, clinical psychologist as well as physical and occupational therapists create and coordinate a treatment plan that helps the patient in both the short and the long term.

Patients who have enrolled in the interdisciplinary program have experienced reduced muscle strain, greater strength and flexibility, and fewer pain flare-ups, said **Dr. Jay Lasner**, co-founder of APCC. "By embracing various treatment methods, patients are given numerous tools to help them cope and to lessen their pain. It is a multi-pronged approach that can yield tremendous results," Lasner said.

The program can be quite rigorous, with patients attending morning or afternoon sessions five days a week for treatments typically three to four hours in length. Differing conditions demand different regimens; so patient enrollment can vary from a few weeks to several months. Individuals who have suffered from motor vehicle accidents, work-related injuries or other forms of chronic pain will find the program beneficial. "Program participants say the interdisciplinary program improves their mood and energy levels, the quality of their sleep and even relationships," said **Dr.**

Tim Van Sickle, APCC psychologist and program coordinator.

"Treatment is offered individually and in educational groups," said **Dr. Ira Fox**, founder of Anesthesia Pain Care Consultants. "We have noticed that even the most resistant patients benefit from the treatment."

Anesthesia Pain Care Consultants treats over 5,000 new patients a year at seven locations in Broward County. The new interdisciplinary program is offered at APCC's newly opened, 10,000 square foot facility at 7171 University Drive adjacent to University Hospital in Tamarac.

Anesthesia Pain Care Consultants Inc, based in Tamarac, FL, has built a reputation for excellence and success in relieving pain for its patients. For more information about this release or the physician group, contact Boardroom Communication Inc.'s Beth Cohen or Caren Berg at (954) 370-8999 or snichol@boardroompr.com or caren@boardroompr.com.



Ira Fox, M.D., DABPM, FIPP