

A Gulfstream Media Group Publication

# Gold Coast



THE MAGAZINE OF SOUTH FLORIDA

## 150 TOP DOCS

**YOUR GUIDE TO THE BEST PHYSICIANS  
IN 34 SPECIALTIES**



## {pain management}

### IRA FOX, MD, DABPM, FIPP, ABIPP

**college** | U.A. OF GUADALAJARA | **medical school** | STATE UNIVERSITY OF NY AT STONY BROOK  
**chief resident** | MONMOUTH MEDICAL CENTER IN NEW JERSEY

**board certifications** | DIPLOMATE OF THE AMERICAN BOARD OF ANESTHESIOLOGY  
BOARD CERTIFIED IN PAIN MANAGEMENT BY THE AMERICAN BOARD OF ANESTHESIOLOGY  
AND THE AMERICAN BOARD OF PAIN MEDICINE

FIPP CERTIFIED BY THE WORLD INSTITUTE OF PAIN | EXAMINER FOR FIPP CERTIFICATION  
CERTIFIED BY THE AMERICAN BOARD OF INTERVENTIONAL PAIN PHYSICIANS (ABIPP)

★ TOP DOCS 2006, 2007, 2008, 2009 ★

**P**atients in pain often feel that relief is merely a concept—not something they will actually experience. Those who come to Dr. Ira Fox know better.

Dr. Fox, who has been treating patients in pain for more than 20 years, and his partner, Dr. Jay Lasner, founded Anesthesia Pain Care Consultants (APCC) in 1996. Its focus on interventional pain care results in long-term pain relief for patients without dependence on surgery or medication. Dedicated physicians, modern technology and extensive experience combine to reduce pain associated with new injuries, accidents, cancer, chronic conditions and prior spine surgery.

“We seek out new methods of pain reduction and perfect techniques—and our outcomes are consistently superior,” said Dr. Fox. The practice utilizes numerous interventional procedures including radio frequency, lysis of adhesion, epidural injections, nerve blocks and spinal cord stimulation to provide long-term pain relief to patients. Non-interventional treatments such as physical therapy, psychological counseling and medication management are also provided when necessary.

“Pain can be reduced and usually eradicated,” said Dr. Fox. “We prove that every day.”

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*top doctors*